



ABOUT

We understand that the remote location of the Pilbara can be terribly isolating.

REACH US – Pilbara Inc. is a registered Pilbara based charity. Our mission is to improve the quality of life of patients and their families while living with cancer.

To achieve this, we facilitate the provision of domestic, wellbeing and complementary support services with empathy and kindness to Pilbara cancer patients and their families while undergoing treatment.

Reach Us operates under a 'Locals supporting Locals' philosophy so all services are provided by businesses and service providers in your local area.

We provide services throughout the Pilbara including the towns of Dampier, Karratha, Wickham, Roebourne, Port & South Hedland, Marble Bar, Nullagine, Newman, Tom Price, Paraburdoo, Pannawonica and Onslow.



ReachUs
Pilbara Inc.
CANCER SUPPORT SERVICES

Supporting the entire Pilbara region
www.reachus-pilbara.org.au



Karratha, WA, 6714
(m) 0474 022 452
(e) info@reachus-pilbara.org.au

Port Hedland, WA, 6712
(m) 0474 022 110
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ReachUs
Pilbara Inc.
CANCER SUPPORT SERVICES

*Regional & Extended Areas Cancer Help,
Understanding & Support Services*



Providing domestic, wellbeing and complementary support services with empathy and kindness to Pilbara cancer patients and their families while undergoing cancer treatment.



SUPPORT SERVICES

DOMESTIC SUPPORT



Reach Us will provide practical support around the home to assist when family and friends are not available. Support including cleaning, gardening, pool maintenance & cyclone readiness.

PROFESSIONAL COUNSELLING



1:1 and virtual counselling is available to assist and support you and your family, addressing the emotional effects and stressors stemming from your diagnosis. Sessions available:

- **Individual**
- **Partner**
- **Family/group session**
- **Children**

COOKING & MEALS



Whilst we cannot physically come to your home and cook for you and your family, Reach Us can work with eateries in your area to provide nutritious and delicious pre-cooked meals for you and your family. Enjoy fresh and hot or bulk order to fill the freezer to use when you need it most.

EQUIPMENT RENTAL



During your treatment you may require the use of certain support items. There are a number of items including wigs, chemo beanies/turbans, wheelchair cushions etc. available for rent upon request.

PHYSIOTHERAPY & MASSAGE



Clients can access massage and physiotherapy when required to address complications from treatment or to assist recovery.

TRAVEL ASSISTANCE - AIR



Keeping families together through treatment is important to us. Reach Us can assist with minor/dependent children's airfares.

OTHER TRAVEL ASSISTANCE



Travel assistance may be available for cancer related medical appointments and airport transfers if no other transport options are available to you.

PEER SUPPORT GROUPS AND WORKSHOPS



Throughout the year Reach Us will host a number of free workshops and peer support groups. Please follow us online or sign up to our newsletter to get updates on these dates.

COMPLEMENTARY THERAPIES



Access different therapies to aid the emotional and physical stresses that you may experience through and after your treatments. Some types of therapies include but are not limited to:

- **Reiki**
- **Crystal/sound healing**
- **Meditation**
- **Yoga**
- **Bowen**
- **Pilates**
- **Acupuncture**
- **Reflexology**
- **Art Therapy**

ACCESS OUR SERVICES

Our services are available to any Pilbara person that is receiving active treatment for cancer. We support all types of cancer, male or female across all ages.

To apply for support or to refer a loved one, please contact one of our friendly support coordinators or make a referral online through our website.

GET INVOLVED

Reach Us is funded solely through community donations, fundraising and corporate sponsorship. If you wish to get involved and support our mission, please contact us today:

(e) ceo@reachus-pilbara.org.au